

Name: _____ Date: _____

Finding and Using Text Evidence

Directions: Read “Diabetes Doesn’t Run My Life” and “Can Diabetes Be Cured?” Then complete the activity below.

1. Imagine that you are writing a paragraph explaining the challenges McKenzie Jones faces living with type 1 diabetes.

A. Which of the following is the BEST topic sentence for your paragraph?

- Ⓐ Diabetes impairs the body’s ability to turn food into energy.
- Ⓑ Managing type 1 diabetes can sometimes get in the way of McKenzie Jones’s life.
- Ⓒ McKenzie Jones has to test her blood sugar 5 to 10 times a day.

B. Which information from the article BEST supports the sentence you chose in part A?

- Ⓐ People with diabetes lack the ability to process sugar correctly, so cells in the body don’t get the fuel they need. (p. 20)
- Ⓑ McKenzie and other people with diabetes can use portable blood-testing kits to test their blood sugar levels at any time or place. (p. 20)
- Ⓒ McKenzie is a tennis player. During a match, she has to stop and test her blood sugar at least once. (p. 20)

C. Which of the following BEST explains why the text evidence you chose in part B is relevant?

- Ⓐ It provides an example of how diabetes can interfere with McKenzie’s daily life.
- Ⓑ It explains how people with diabetes can monitor their blood sugar levels.
- Ⓒ It explains that people with diabetes cannot turn their food into energy.

2. Choose the piece of text evidence that BEST supports the statement below. Then complete the sentence to explain your choice.

People with type 1 diabetes can live normal, active lives.

- Ⓐ “When [McKenzie’s] blood sugar starts to drop, she gets lightheaded, so she digs into her supply of fruit snacks to get sugar into her system quickly.” (p. 21)
- Ⓑ “[McKenzie has] played number one singles on the tennis team since her freshman year.” (p. 22)
- Ⓒ “With a finger prick and the meter, [McKenzie] tests her blood every time she eats.” (p. 21)

I chose ___ because _____

3. A. Choose THREE pieces of text evidence from “Diabetes Doesn’t Run My Life” and “Can Diabetes Be Cured?” that BEST support the statement below.

Diabetes is more manageable than it once was.

- Ⓐ “That discovery took the ‘short’ and ‘disgusting’ out of a diabetes diagnosis.” (p. 22)
- Ⓑ “Had [McKenzie] been diagnosed 150 years ago, she wouldn’t have lived to see high school.” (p. 21)
- Ⓒ “So far, no one knows when diabetes will become a thing of the past.” (p. 23)
- Ⓓ “Diabetes is four times as common today as it was in 1980, according to the United Nations.” (p. 23)
- Ⓔ “At the same time, amazing technologies have made it easier to live with diabetes.” (p. 23)

B. Select one piece of evidence from above that does NOT support the statement, and explain why.

Evidence ___ does not support the statement because _____

4. Choose the paragraph from “Diabetes Doesn’t Run My Life” that correctly uses text evidence in the form of a direct quotation.

- Ⓐ Managing diabetes can be challenging because it requires people to constantly monitor their blood sugar. In “Diabetes Doesn’t Run My Life,” author Tod Olson writes, “Imagine having to check your blood every time you eat a yogurt for breakfast, play sports after school, or feast on chips at a sleepover” (p. 20). These examples demonstrate how often people with diabetes must test their blood.
- Ⓑ Managing diabetes can be challenging because it requires people to constantly monitor their blood sugar. For example, in “Diabetes Doesn’t Run My Life,” author Tod Olson explains that people with diabetes have to test their blood sugar every time they eat or play sports (p. 20).
- Ⓒ Managing diabetes can be challenging because it requires people to constantly monitor their blood sugar. For example, “Imagine having to check your blood every time you eat a yogurt for breakfast, play sports after school, or feast on chips at a sleepover” (p. 20).

Explain why the two answers you did NOT choose are incorrect: _____

5. Choose the paragraph that correctly uses text evidence from “Can Diabetes Be Cured?” in the form of a paraphrase.

- Ⓐ Although treatment for diabetes has improved, the disease is still a serious problem around the world. Diabetes is four times as common today as it was in 1980, and treating the disease costs \$825 billion a year. The growing number of diabetes cases and the high cost of treating diabetes illustrate how serious a problem the disease still is.
- Ⓑ Although treatment for diabetes has improved, the disease is still a serious problem around the world. In “Can Diabetes Be Cured?,” Tod Olson explains that diabetes is four times as common today as it was in 1980, and that treating the disease costs \$825 billion a year (p. 23). The fact that diabetes is so expensive to treat and that the number of diabetes cases is growing illustrates how serious of a problem the disease still is.
- Ⓒ Although treatment for diabetes has improved, the disease is still a serious problem around the world. In “Can Diabetes Be Cured?,” Tod Olson writes, “Diabetes is four times as common today as it was in 1980” (p. 23). The growing number of diabetes cases illustrates how serious a problem the disease still is around the world.

Explain why the two answers you did NOT choose are incorrect: _____

6. Now it's your turn. Write a paragraph explaining how technology has improved the lives of people with diabetes. Your paragraph should include at least one piece of text evidence in the form of a paraphrase or a direct quotation. Remember to include a sentence that states how that evidence supports your central idea.
